



Home / Reports / Daily Food Log

Report Parameters

Select a Date : 06/11/2021

- Breakfast
- Lunch
- Dinner
- Morning Snack
- Afternoon Snack
- Evening Snack

Daily Food Log

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This report shows, for the day and meals selected, the foods you have recorded under Track Diet.

Entries for 06/11/2021

Breakfast

Oats, Dry	0.05 c.	30.342 kcal
Peanut Butter, Smooth	1 T.	95.68 kcal
Honey	1 T.	63.84 kcal
Strawberries (Strawberry)	1 c.	46.08 kcal

Entries for 06/11/2021

Lunch

Chicken Salad	2 c.	811.72 kcal
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Entries for 06/11/2021

Dinner

Pizza, Combination, Meat and Vegetables, Thin Crust	3 sl.	1,047.48 kcal
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**Total: 2,095.142 kcal**